



0° Degree

Welcome to the Outer Court

All are welcome to begin their journey in the Outer Court, where you'll receive access to our 0° (Zero Degree) foundational materials. This level is open and freely available to sincere seekers who wish to explore our system, philosophy, and basic practices at their own pace.

There is no cost or obligation to join the Outer Court. This is your time to explore, study, and determine whether deeper involvement with Coven Scathach is right for you.

Membership

Outer Court Membership (0° Degree)

- Absolutely Free, no hidden costs.

Inner Court Membership (1st Degree)

- Those wishing to advance to the 1st Degree may do so by becoming Full Members.

When you first join Coven Scathach, you enter as an outer-court member at the 0° Degree. This introductory level is designed specifically for sincere seekers who are new to the Western Occult Tradition and ready to explore its foundational teachings.

As a 0° Initiate, you will begin your journey with a structured course that introduces the essential principles, historical context, symbols, and core practices that underpin modern magical systems. This phase lays the groundwork for all future training within our tradition.

Throughout this stage, you'll engage with the core teachings of Coven Scathach, gradually building the knowledge and understanding necessary for deeper spiritual and magical development. We encourage you to move through the material at your own pace, allowing ample time to reflect on and integrate each lesson.

The 0° Degree typically spans a year and a day—a traditional period of study and transformation that aligns with the rhythm of the natural world. This time is designed to support your personal growth, strengthen your magical foundations, and deepen your connection to both the Craft and your spiritual path.

Upon completion, you can decide whether to advance to the 1st Degree, at which point you may be formally welcomed as a full member of Coven Scathach.

What You Receive as a 0° Initiate:

- **Free Monthly Online Q&A Sessions:** As a 0° Initiate, you are invited to attend monthly outer-court meetings online, where you can ask questions, explore teachings in more depth, and connect with fellow seekers. Dates and times will be posted in advance via the members' portal.
- **Access to Foundational Teachings:** You'll receive access to our tradition-specific 0° Degree training materials, designed to guide and support your magical and spiritual development.
- **Free 0° degree Membership:** Your participation at this level is completely free. During this time, you are encouraged to explore the teachings, engage in personal practice, and determine whether you wish to continue your journey within our Coven.

Course Overview - Topics Covered at 0° Degree:

- Key Terminology and Vocabulary
- Biographies of Influential Occultists
- The History of Witchcraft and Magical Traditions
- Meditation and Visualization Techniques
- The Four Elements in Magic
- Understanding the Pentacle
- Outer Court Ritual Liturgy and Practice
- Creating and Maintaining a Personal Altar
- Solitary Rituals for Esbats and the Eight Sabbats
- Constructing and Using an Astral Temple
- Recommended Reading and Study Resources

Whether your goal is to formally join a magical tradition or simply deepen your personal spiritual practice, the 0° Degree path offers a strong and structured beginning. These teachings are designed to be practical, reflective, and empowering, providing the tools you need to build a meaningful connection to the Craft.

At the conclusion of your 0° studies, you will have the opportunity to join as a Full Member and be formally introduced to Coven Scathach as a 1st Degree, where more advanced training, mentorship, and participation in inner-court work become available.

Detailed break-down of the 0° Degree syllabus

During your time in the Initiate's Degree, you will explore the following key topics:

Terminology

Common words, phrases, and magical vocabulary used in our tradition and the wider witchcraft community. Explore the language of magic. This module introduces the key terms, phrases, and jargon used within our tradition and the wider Occult and Witchcraft communities. Understanding this vocabulary will help you navigate magical texts, discussions, and rituals with clarity and confidence.

You will learn:

- Definitions of core magical terms (e.g., invocation, banishing, astral, sigil, etc.)
- Differences between terms like Witchcraft, Occultism, esotericism, and mysticism
- Words of power and magical naming conventions

Biographies of Influential Occultists Throughout History

Meet the minds that shaped the path. This module provides a historical timeline and brief biographies of influential Occult figures—from ancient magicians to modern mystics—who have left their mark on magic, science, and popular culture.

You will explore:

- Key contributors such as Eliphas Levi, Aleister Crowley, Dion Fortune, Gerald Gardner, and more
- Their philosophies, writings, and impact on contemporary practice
- Connections between Occultism and science, psychology, and art

History of Witchcraft

An overview of the evolution of witchcraft, from ancient practices to modern interpretations. Trace the roots of magical practice. This module surveys the development of Witchcraft and Occult traditions from prehistoric rituals to the present-day revival movements.

Topics include:

- Ancient Pagan practices and nature religions
- The Inquisition, Witch trials, and cultural persecution
- The 19th and 20th-century Occult revival, Wicca, and modern magical traditions

Meditation and Visualization

Core practices that build focus, spiritual awareness, and the foundation for magical work. Train your mind and spirit. These core techniques are essential for magical development, offering tools for mental discipline, spiritual sensitivity, and inner journeying.

Practice will include:

- Breathwork and body awareness
- Guided visualizations and pathworkings
- Mindfulness and magical concentration techniques

The Four Elements

Understanding Earth, Air, Fire, and Water—how they influence rituals, personality, and the natural world. Deepen your relationship with Earth, Air, Fire, and Water. These fundamental forces form the basis of Western ritual magic and spiritual psychology.

Topics include:

- The elemental correspondences (tools, directions, seasons, personality traits)
- Balancing the elements within yourself

- Incorporating elemental calls and invocations into ritual

The Pentacle

Its symbolism, history, and use as a magical and spiritual tool. Unveil the power of one of the most potent magical symbols. This module explores the pentacle's layered meanings, historical origins, and practical applications in ritual.

You will explore:

- The pentacle as a tool of protection, invocation, and balance
- Symbolism of the five points and their relation to the elements and spirit
- How to use, consecrate, and wear or display the pentacle

Outer Court Ritual Liturgy

Rituals and liturgical structure appropriate for Initiates and Outer Court members. Learn how we work ritually in our tradition. This module covers the structure and format of Outer Court rituals—those open to non-initiated members and solitary practitioners.

You will study:

- The purpose of liturgy in magical work
- How rituals are constructed and led
- Sample Outer Court rites for celebration and devotion

Creating a Personal Altar

How to assemble and consecrate your altar as a center for your magical and spiritual work. Anchor your spiritual practice in the physical world. This module shows you how to create a sacred space that reflects your magical identity and serves your daily work.

You will learn:

- Altar layouts and symbolic components
- Tools and their meanings (athame, chalice, wand, pentacle, etc.)
- Consecration rituals and daily practices to maintain your altar

Solitary Rituals for Esbats and the Eight Sabbats

Seasonal rites designed for personal practice, allowing you to align with the Wheel of the Year. Celebrate the sacred on your own. This module offers seasonal and lunar rites that allow Initiates to work in harmony with natural cycles when practicing alone.

Includes:

- Ritual outlines for Sabbats (Wheel of the Year) and Esbats (lunar observances).
- Guidance on creating meaningful solitary ceremonies Ways to adapt group rituals for personal practice

Building an Astral Temple

Creating a sacred inner space for meditation, magic, and communion with spirit. Enter your sacred inner world. The astral temple is a mental construct—a meditative inner space where magical work can occur on a spiritual level.

You will learn:

- Techniques to build and visit your astral temple
- How to use this space for meditation, ritual, and spirit contact
- The temple's symbolic architecture and how it evolves with you

Suggested Reading Material

Curated texts to deepen your understanding and broaden your perspective. Broaden your knowledge. This module offers a curated list of essential and recommended readings to accompany your journey, deepen your study, and prepare you for the next level.

Reading list includes:

- Introductory texts on magic, Paganism, and ritual
- Key works by influential Occult authors
- Commentary and reflection prompts for deeper integration

...and more.

Take this time to honor your path, develop your discipline, and cultivate your personal power. Throughout the 0° Degree, you will explore essential topics such as terminology, the history and mythology of witchcraft, foundational practices like meditation and visualization, the elements and the pentacle, Outer Court rituals, altar and astral temple creation, and seasonal solitary rites. These lessons are designed to ground you in the core principles of our tradition and prepare you for deeper magical work. You are not alone-Coven Scathach is here to support and guide you every step of the way.